

Series: The Bible Doesn't Say that

Week 1 - God won't give you more than you can handle

### **Phrases not found in the bible**

- “God won't give you more than you can handle.”

Matthew 11:28-30 (NIV)

<sup>28</sup> “Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light.”

1 Corinthians 10:12-13 (NIV)

<sup>12</sup> So, if you think you are standing firm, be careful that you don't fall! <sup>13</sup> No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

God will absolutely allow you to have more than you can handle.

### **Truths from the lie**

1. Human Suffering is UNIVERSAL.

John 16:33 (NIV)

<sup>33</sup> “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

1 Corinthians 10:13a

<sup>13</sup> No temptation has overtaken you except what is common to mankind.

2 Corinthians 1:8-9 (NIV)

<sup>8</sup> We do not want you to be uninformed, brothers and sisters, about the troubles we experienced in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired of life itself. <sup>9</sup> Indeed, we felt we had received the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead.

## 2. God is Faithful

1 Corinthians 10:13

And God is faithful; he will not let you be tempted beyond what you can bear.

Psalms 46:1-3 (NIV)

<sup>1</sup> God is our refuge and strength,  
an ever-present help in trouble.  
<sup>2</sup> Therefore we will not fear, though the earth give way  
and the mountains fall into the heart of the sea,  
<sup>3</sup> though its waters roar and foam  
and the mountains quake with their surging.

Isaiah 40:29 (NIV)

<sup>29</sup> He gives strength to the weary  
and increases the power of the weak.

**Sometimes life gives you more than you can handle, but it can never give us more than HE  
can handle.**

John 10:10 (NIV)

<sup>10</sup> The thief comes only to steal and kill and destroy;

Matthew 11:28-30 (NIV)

<sup>28</sup> “Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light.”