

Jonah

Week 3: Confession

Jonah 1:17-2:10

Jonah's Prayer

¹⁷ Now the Lord provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights.

2 ¹ From inside the fish Jonah prayed to the Lord his God. ² He said:

“In my distress I called to the Lord,
and he answered me.

From deep in the realm of the dead I called for help,
and you listened to my cry.

³ You hurled me into the depths,
into the very heart of the seas,
and the currents swirled about me;
all your waves and breakers
swept over me.

⁴ I said, ‘I have been banished
from your sight;
yet I will look again
toward your holy temple.’

⁵ The engulfing waters threatened me,
the deep surrounded me;
seaweed was wrapped around my head.

⁶ To the roots of the mountains I sank down;
the earth beneath barred me in forever.
But you, Lord my God,
brought my life up from the pit.

⁷ “When my life was ebbing away,
I remembered you, Lord,
and my prayer rose to you,
to your holy temple.

⁸ “Those who cling to worthless idols
turn away from God’s love for them.

⁹ But I, with shouts of grateful praise,
will sacrifice to you.

What I have vowed I will make good.
I will say, ‘Salvation comes from the Lord.’”

¹⁰ And the Lord commanded the fish, and it vomited Jonah onto dry land.

“Christians in North America pray for God to deliver them from trials, while Christians in developing nations pray for grace to persevere.”

God’s presence in our lives

1. Jonah’s confinement.

Role of the Fish:

- Safety from the sea
- Transportation to the shore

Matthew 12:40

For as Jonah was three days and three nights in the belly of a huge fish, so the Son of Man will be three days and three nights in the heart of the earth.

- A sanctuary with the lord

Jonah 2:9b

What I have vowed I will make good.

I will say, ‘Salvation comes from the Lord.’”

2. Jonah's communion

3. Jonah's confession

- a. Recognize God’s hand at work– 2:3-4
- b. Turned his eyes back to God – 2:4
- c. Thank God for the compassion – 2:7
- d. I renew my commitment to you – 2:9