

Rhythms to Become

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Now if you will obey me and keep my covenant, you will be my own special treasure from among all the peoples on earth; for all the earth belongs to me. And you will be my kingdom of priests, my holy nation.' Exodus 19:5-6

We rely on what Christ Jesus has done for us. We put no confidence in human effort, though I could have confidence in my own effort if anyone could. Indeed, if others have reason for confidence in their own efforts, I have even more! Philippians 3:3b-4

I once thought these things were valuable, but now I consider them worthless because of what Christ has done. Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord. For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ and become one with him. I no longer count on my own righteousness through obeying the law; rather, I become righteous through faith in Christ. For God's way of making us right with himself depends on faith. I want to know Christ and experience the mighty power that raised him from the dead. I want to suffer with him, sharing in his death, so that one way or another I will experience the resurrection from the dead! Philippians 3:7-11

Our rhythms can become a rut rather than a route.

Are you doing the rhythms so God will love you more OR are you doing the rhythms so you can love God more?

Examples of some rhythms of becoming:

Rhythm of Meditation

Rhythm of Prayer

Rhythm of Fasting

Rhythm of Study

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work. 2 Tim 3:16-17

God's Word is for transformation not information

"I will practice the rhythm of _____ as a route to _____."