

Week 4 / Jesus & the Temptations

Builds on: Weekend Teaching 4: Beating Temptation (Jesus and the Temptations)

Let's explore the link between identity and security:

- In your experience, why are people insecure?
- What's the advice you've heard or been given about overcoming insecurity?
- How does Jesus not lose to insecurity?
- How would Jesus answer the question: Who are you? In other words, if He had to fill in this blank: "I am a _____," what would He say? How would you answer that question?
- Did Jesus earn His identity, or was it given to Him? Is yours earned or given?

What are the reactions you've seen (or had) when a person's identity is threatened?

Recognizing that all of us are tempted, which of the devil's temptations is your 'Achilles' Heel'? Which one trips you up the most?

Appetite? Ambition? Affirmation?

Role play: Someone comes to you for counsel and tells you he or she can't stop a particular sin. What do you say? What's been said to you in the past? Does it work?

Make a plan: What disciplines of disengagement do you need to help you say no to temptation?

Who knows you and will hold you accountable to your plan?

What discipline do you need in place to choose to lose?

What are the things that keep you from fully surrendering to God?

<p>Jesus' temptations</p> <p>Turn these stones to bread: <i>Appetite</i></p> <p>Bow down to me: <i>Ambition</i></p> <p>Throw yourself off the temple: <i>Affirmation</i></p>
